Professional Dress Guide

Professional Attire for Men and Women

There is only one chance to make a first impression so try to make the best impression possible when interviewing with professionals. Review the attire recommendations and always consider the employers that you will be meeting when choosing what to wear.

What to bring:
- List of prepared questions
- Several copies of your resume
- Professional pen
- Padfolio or professional folders
- Information about employer
- List of prepared questions

Recommendations for Men:
- Neat, Professional Hairstyle and Trimmed Facial Hair
- No Cologne
- Long Sleeve Collared Shirt (white or color coordinated with the suit)
- Classic & Conservative Tie
- Belt (coordinate your belt to match your shoes)
- Dress Suit (neutral tones – black, blue, grey)
- Minimal or No Jewelry
- Dark Socks & Leather Shoes

Recommendations for Women:
- Neat, Professional Hairstyle
- Light Make-Up, No Perfume
- Conservative Matching Blouse
- Pant or Skirt Suit (neutral tones – black, blue, grey. The skirt should be long enough so you can sit down comfortably (be aware of the slit)
- Minimal Jewelry
- Small purse/Handbag
- Neutral Hosiery
- Low Heels or Flat Dress Shoes (less than 3 inches)
- No Jeans or casual attire