

the Gazette

STUDENT VOICE OF LANGSTON UNIVERSITY



VOL. 76, NO. 12

WEDNESDAY, MAY 7, 2014

Upcoming Dates & Events

**LU
Commencement
5:30 p.m.,
Friday,
May 16,
W.E. Anderson
Stadium**

**Final Exam
Schedule
Page 6**

**This is the final
issue of the
Gazette for
spring 2014.
We will resume
publication in
fall 2015.**

**Have a
great
SUMMER!**

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**Local, National
News . . . p 7**

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LU hires Cheryl Miller



Cheryl Miller (second from left), broadcaster for TNT and former WNBA coach, huddles with her Lady Lions basketball team.

Miller was hired as the new women's basketball coach for Langston University, where the news was formally announced at a press conference April 30, in the C.F. Gayles Gymnasium.

Miller was able to meet her team at the press conference, and address the student body, faculty and staff.

See full story on page 5.

**Photo by
Jonathan McGill**

SGA announces new elects

**By Jerrod Mitchell
Staff Writer**

"Some are born great, some achieve greatness and some have greatness thrust upon them."

This quote by English poet and playwright William Shakespeare is the mindset the Langston University student body has obtained, and greatness is what these students are striving for.

The new members of the Student Government Association for the 2014-2015 school year were announced at the Student Leadership Awards in the I.W. Young Auditorium on April 29.

"I feel great about the win," said

new Vice President R.L. Wilson. "My uncle's sudden death motivated me to run for the position. His last words to me were, 'Stay in school, keep up the good work and graduate.' I wanted to make him proud."

Wilson said his goal is to re-establish the senate within SGA. This will give students the opportunity to voice their opinions through residential life, such as living arrangements and advancements with situations concerning dorms.

Wilson said he also wants to focus on improving a food committee and increase the options of food in the café.

"I also want to implement a SGA

website where we can promote events," Wilson said. "Those are some of things I want to make happen."

SGA provides a chance for students to experience the legislative process in a hands-on experience.

Paul Pugh, the newly elected activities coordinator, said his primary goal is to create a good experience for every student on campus.

"I really love this university, and I love event planning, and it went hand in hand," Pugh said. "James Dean said a quote, 'The only greatness of a man is immortality.' That's how I live my

see **SGA**, page 3

the Gazette

The Gazette is produced within the Department of Communication at Langston University. It serves as a teaching tool and public relations vehicle. The newspaper is published bi-monthly and is dispersed across campus every other Wednesday, except during examinations, holidays and extended school breaks.

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Opinions expressed in LU Voices are those of the writers whose name appear with the articles. Letters to the editor should be emailed to nktturner@langston.edu. Please include your name and telephone number. The newspaper retains the right to edit, accept and/or reject items deemed to be contrary to the best interest of the publication, Langston University and/or any of its governing bodies.

Student bids farewell to her 'Dear Langston'



Reed

My first experience at Langston University began exactly three years ago when I visited the campus on an Oklahoma college tour.

The first campus visit on the tour was Oklahoma State University. The campus was exquisite—full of statues, elaborate lawns and breathtaking buildings. It supposedly had everything anyone could ask for in a college, but not for me.

It lacked something I longed for. Besides the fact that I've always wanted to attend an HBCU, it lacked a sense of home and family. It wasn't until I visited LU that I realized this was the school of which I had been dreaming.

The warm, welcoming and friendly faces were already enough to enforce my desire to attend; but when I stepped into Sanford Hall, it sealed the deal.

The lobby, encompassed with captivating art, led the way to the Black Heritage Center where historical Afri-

can artifacts and literature were featured.

I was absolutely marveled and overtaken by the beauty and the aura. The tour guide explained that Sanford Hall would be the place I would spend most of my time as a broadcasting student. In that moment, I had an epiphany. I saw myself conquering in every facet.

As soon as I returned home, I submitted my application and quickly got accepted to LU. In retrospect, it's hard to believe that two years ago I became a Lion.

LU has provided many opportunities and experiences that I would have never had

otherwise. As for the epiphany I had, I accomplished it and so much more.

Throughout my matriculation, I have consistently remained on the president's and dean's honor rolls. I've produced an award-winning news show, "Stay Tuned," and I've become contributing writer and now assistant editor for the Gazette.

To end on a great note, I recently won the Emerging Student Leader Award at the Student Leadership Awards ceremony. I have truly been blessed.

Time truly flies; and the time has come for me to bid my farewell to my beloved alma mater, Langston University.

I will never forget the experiences I've had, but most importantly, the people I've met and the relationships that have blossomed into lifelong connections. Overall, I won't forget the lessons learned.

I was once told, 'If you can make it at Langston, you

can make it anywhere.' I've found this saying to be true. I have faced many adversities at LU, and with each challenge, I have overcome.

I credit my experiences at LU with molding me into the woman I've become today—a strong, college-educated, black woman.

Upon graduating, I will be prepared to conquer the world and every adversity it throws my way, because I am a Lion. I am a woman who is not afraid to stand up for what I believe in, because I am a Lion. I am not intimidated by life's struggles and changes, because I am a Lion. No longer do I feel inadequate around those who seemingly have more power than me, because I am a Lion. I am confident that I am ready to face the world, because I am a Lion. I am strong. I am courageous. I am a Lion. I have truly found "the Lion in me."

Venesha Reed is a graduating senior broadcast journalism major.

STUDENTS! STUDENTS! It's time for Teacher Evaluations again!

Institutional Research and Planning is conducting teacher evaluations **through May 9.**

Students can still complete the evaluations on your own by:

1. Logging on to the website that was provided in the email we sent out to each of you.
2. Entering your Langston user email and password and filling out the survey!

**Let us know what you think of YOUR professors!
We need your feedback!**

Gray wins Gilman Scholarship to study abroad in West Africa

By Marcus Garlington
Contributing Writer

Of thousands of applicants from across the nation and several from Dear Langton, only one Lion was awarded the Benjamin A. Gilman International Scholarship.

Chelsea Gray, 25, is a junior English major from Midwest City. The Benjamin A. Gilman International Scholarship will allow her to travel to the Gambia and Senegal of West Africa during summer 2014, a trip hosted by the Langston

University Center for International Development (LUCID).

Along with the cultural experience of a lifetime that will include learning to speak Wolof, the language of Senegal and the Gambia, dancing the "Ngada" and visiting Alex Haley's Jufureh Village and the "Door of No Return," students who partake in this four-week academic adventure also receive six credit hours.

This trip is also focused around service to the children of Senegal and the

Gambia, which is nothing new to Gray.

During her high school years as a student of Carl Albert High School, Gray and her mother visited other countries like Jamaica and Haiti and assisted those communities in sending their children to elementary and secondary schools.

Gray and her mother also spear-headed Refuge Fellowship, an original idea of Gray's mother, which started as a homeless relief effort and eventually grew into a church for the homeless that assembles every Monday evening.

"I always wanted to (study abroad)," Gray said.

She plans on making this the first of many international academic endeavors.

To prepare, Gray researched her scholarship and the essays of previous recipients. She partnered with Dr. Mary Mbosowo, instructor and coordinator of LUCID, and Dr. Andre Love, English instructor and coordinator of the writing lab.

"I want students to see (this). I promote scholarship. I believe that once a student empowers his/herself, the sky is the limit," Love said. "I believe (the scholarship) takes a lot of stress off of a student, and if I can aid in that process, why wouldn't I?"

Love prides himself on using his office time and any other free time he might have when not instructing to empower students by assisting in all aspects of scholarship applications.

Gray smiled at the thought of what she anticipates the most from her trip.

"The new culture. Going to the Mother Land, honey," Gray said.

Gray also said that she is excited about teaching English to young African natives.

Gray admits that among the irrational fears of encountering over-sized insects or deadly bacteria, or the rational fear of the possibility of chronic upset stomach (because none of their food is processed), she

is most concerned about being away from her daughter, who, along with Gray's mother, will be awaiting Gray's safe return at the end of June.

The Benjamin A. Gilman International Scholarship Program offers grants for U.S. citizen undergraduate students of limited financial means to pursue academic studies or credit-bearing, career-oriented internships abroad.

Over 2,300 scholarships of up to \$5,000 will be awarded this academic year for U.S. citizen undergraduates to study abroad.

Award amounts will vary, depending on the length of study and student need with the average award being about \$4,000.

"Such international exchange is intended to better prepare U.S. students to assume significant roles in an increasingly global economy and interdependent world," according to the Institute of International Education website, <http://www.iie.org>.

Letter from Langston University President

Dear Faculty, Staff, Students and Alumni,

On Sunday evening, May 4, 2014, at approximately 4 p.m., a wildfire began in Logan County in the town of Guthrie, Part of Highway 270 near Seiling in Dewey County was closed Sunday afternoon due to smoke causing zero visibility on the highway. There were also several power lines and transformers blocking the roadway as a result of the fire. OG&E were expected to arrive around 6 a.m. to address the power lines.

Reports have indicated that the fire started as a grass fire from a controlled burn in a nearby neighborhood. As of the latest report, at least six homes have been lost and one death reported. The fire is reported to be about 75 percent contained.

At this time, the Langston University family has not been affected by the fires, as they are to the far west of the Langston campus. However, air quality in the Langston area has been affected. Smoke from the wildfires has created a slight haze in the area and may affect persons who have respiratory-related health issues.

The Oklahoma Red Cross has set up shelters for those residents who have been evacuated. The Shelter is at Community Church in Guthrie. The church is just off Interstate 35 at exit 151.

The Red Cross is also collecting donations to assist victims and providing food and water to law enforcement and firefighters. Donations should be taken to the First Assemblies of God Church in Guthrie. If you would like to make donations, you may also do so via website or text with the following information:

- Website: Donation Link
- Text: Text REDCROSS to 90999 (\$10 donation)

We will continue to monitor the situation and keep you informed.

Sincerely,
Kent J. Smith Jr., Ph.D.
President

SGA

from page 1

life. I want my work to be remembered. The title is great; however, I'm just a vessel to help make what the students want, happen."

According to the LU website, SGA is the voice of the student body. It is an organization of students elected by their peers which advocates for the development and advancement of student interests both inside and outside of the university community.

SGA elections are held annually.

Corrections

From April 23 Issue:

Page 5, Quiz Team story -

Beautiful-Joy Fields also represented the Langston University quiz bowl team at the Honda Campus All-Star Challenge. She went as the LU institutional representative.

Annual leadership awards turns into red-carpet event

By James Scott
Staff Writer



Student leaders on campus came celebrated their accomplishments in a new way with the Student Leadership Awards. Every year, the Division of Student Affairs honors student leaders who have shown excellence in and out of class with community service, student development and much more.

With the help of the Student Activities Bored (SAB) and "Stay Tuned," Student Affairs held the first Student Leadership Awards ceremony April 29, with performances from students, including special guests and fashion correspondence from Jasmine Redo, a field reporter with "Stay Tuned." Director of Student Life Perry Culverson had the idea with the help of Kendall Miller, sopho-

more and Los Angeles native, to turn what was the Student Leadership Awards Banquet into an actual red carpet awards show. The semi-formal event included interviews with students as they arrived to take pictures, where Redo reported the hottest fashions of the night. The show presented awards such as the President's Award, the Ernest

L. Holloway Outstanding Student Leadership Award and the most anticipated, Chapter of the Year Award for both fraternity and sorority. Takesia Sims won the Elbert L. Jones Student Development Award and Asha Jones was the winner for Advisor of the Year. The men of Phi Beta Sigma Fraternity Inc. were the winners of Fraternity

Chapter of the Year, and the women of Zeta Phi Beta Sorority Inc. were the winners for Sorority Chapter of the Year. "I'm so excited that we won Chapter of the Year," said Bruce Palmore, a fall initiate into the Beta Epsilon chapter of Phi Beta Sigma. "I'm so proud of my fraternity; my brothers put in a lot of work to achieve this award and just keep striving to be

the best on this campus here at Langston University. GOMAB!"

One announcement that students were waiting for at the awards ceremony was the presentation of the 2014 SGA elects.

Demauri Myers won president, R.L. Wilson won vice president and Paul Pugh won activities coordinator.

"I would ask for more clubs and organizations to get active and pay attention to your email; that is how nominations were sent out," said Britany Carradine, assistant director of Student Life.

She also said they are thinking bigger and better for next year.

"We wanted to see all our organizations shine and get recognized that night besides the Greek letter organizations that we have," Carradine said. "Congratulations, to all the winners."

LU student receives HBCU All-Star honor

By Lauren Smith
Staff Writer

The White House Initiative on Historically Black Colleges and Universities (HBCU) has named Beautiful-Joy Fields of Ardmore, Oklahoma, as a 2014 HBCU All-Star.

Fields, a 2012 Ardmore High School graduate and reshaman mathematics major at LU, is striving to better her HBCU and slowly but surely making a difference by serving her university in every way possible.

Among the 445 students from 62 HBCUs who applied, only 75 students, 45 female and 30 male, were selected as the 2014 HBCU All-Stars.

"I'm humble. It's an honor to serve alongside Ivory Toldson," Fields said.

"It's really a humbling experience to be acknowledged."

— Beautiful-Joy Fields, freshman mathematics major and HBCU All-Star

"It's really a humbling experience to be acknowledged... to be able to serve on a different level to truly help with legislation, help talk about the Affordable Care Act and what it means to African-American communities as well as all communities, and just having an understanding of what the government does and what it's supposed to be doing and how intricate of a role we play in it," she added.

According to the Department of Education website, <http://www.ed.gov>, the White House Initiative on HBCUs' purpose of this program is to empower and directly engage with the next generation of leaders who will graduate from HBCUs and go on to make meaningful contributions to society.

Over the course of the year, The HBCU All-Stars will serve as ambassadors

of the Initiative by leveraging their social media presence and community-based organization relationships to promote the value of education.

Also, they will have their work featured on the Initiative's website and be invited to participate in regional events, where appropriate.

"Engaging with the next generation of leaders who will graduate from HBCUs and go on to make meaningful contributions to society is crucial to the success of our community, our country and our global competitiveness," said George Cooper, executive director of the White House Initiative on HBCUs, according to the Department of Education website.

Fields will represent Langston University throughout the year by serving the White House and her community and participating in regional events and Web chats.

With these community service events, Fields will gain ample opportunity to represent her university proudly.

For more information on the HBCU All-Stars and the White House Initiative on HBCUs, visit <http://www.ed.gov>.

Former WNBA coach Cheryl Miller signs Langston University contract

By DeNeeka Hill
Staff Writer

From coaching in the WNBA to broadcasting on TNT, Cheryl Miller has officially signed on as the new women's basketball coach.

Miller addressed the student body April 30, to discuss her plans for the upcoming year.

"I'm counting on my basketball experience," Miller said. "Being around the NBA long enough, playing in the Olympics and coaching in the WNBA—

all those aspects certainly make me comfortable in taking this position."

Miller has two NCAA titles at the University of Southern California and three Olympic gold medals.

She was inducted into the basketball hall of fame, and she has accomplished numerous achievements on the court.

She also has spent several years covering basketball on several national television networks.

"It was great to see her," said Devin Wilson, senior

English major.

"I can already tell she wants to build a relationship with the university and the team," Wilson said. "She has major plans for this season; I can't wait to actually see what happens this year."

Miller's connection to Mike Garrett, LU athletic director, and LU President Kent Smith Jr., brought her to LU, but the excitement from the women's team will keep her here.

"We all want to be like her," said Lynette Holmes,

"I'm right where I need to be, and that's Langston University."

— Cheryl Miller, former WNBA coach and new LU women's basketball coach

senior starting forward. "She's one of my role models that I've looked up to (while) playing basketball and growing up."

Miller is happy with her decision to come to LU

and coach after 17 years of broadcasting.

"I don't need to be (at) a Division I," Miller said. "I'm right where I need to be, and that's Langston University."

Question of the Week

What was your favorite event during Spring Week?



"My favorite part of Spring Week was the concert because it was live, a good performance and just being around my homies."

Joshua Edwards, freshman information technology major



"I would have to say the concert because I'm a real big music fan. I love music."

Donnell Richards, junior psychology major



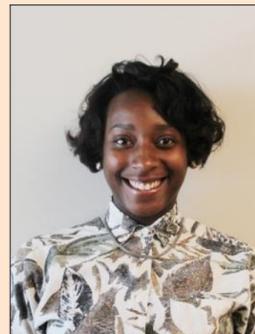
"The Student Leadership Awards because it was very entertaining, but at the same time it still recognized students who are excelling in their classes."

Jasmine Williams, sophomore early childhood education major



"The Student Leadership Awards because of how it was set up this year. It was like a real awards show, and I really enjoyed that... On top of that, my organization won Sorority of the Year."

Karlyn Morrison, senior child development major



"The concert on Friday; it was so much fun, and it was new. Typically, our concerts are always in the gym, (but) it was outside... it was a great time; the concert was amazing."

Janea Robinson, senior elementary education major

Compiled By
DeNeeka Hill

Langston University Final Examination Schedule Spring 2014

ALL CLASSES STARTING ON:	AT THIS TIME:	TEST DATE	TEST DAY & TIME
Monday	8 a.m.	May 12, 2014	MONDAY, 5-7 p.m.
	9 a.m.	May 15, 2014	THURSDAY, 10 a.m.-Noon
	10 a.m.	May 12, 2014	MONDAY, 7-9 p.m.
	11 a.m.	May 13, 2014	TUESDAY, 1-3 p.m.
	Noon	May 13, 2014	TUESDAY, 8-10 a.m.
	1 p.m.	May 14, 2014	WEDNESDAY, 3-5 p.m.
	2 p.m.	May 13, 2014	TUESDAY, 5-7 p.m.
	3 p.m.	May 14, 2014	WEDNESDAY, 8-10 a.m.
	4 p.m.	May 14, 2014	WEDNESDAY, 1-3 p.m.
	Tuesday	8 a.m.	May 14, 2014
9:30 a.m.		May 13, 2014	TUESDAY, 7-9 p.m.
11 a.m.		May 12, 2014	MONDAY, 8-10 a.m.
12:30 p.m.		May 13, 2014	TUESDAY, 10 a.m.-Noon
2 p.m.		May 14, 2014	WEDNESDAY, 5-7 p.m.
3:30 p.m.		May 14, 2014	WEDNESDAY, 10 a.m.-Noon
Wednesday	4 p.m.	May 15, 2014	THURSDAY, 8-10 a.m.
Thursday	4 p.m.	May 13, 2014	TUESDAY, 3-5 p.m.

ALL Final Exams for Evening (beginning at 5 p.m.), Weekend and other classes not on this schedule will be held at the **LAST REGULAR CLASS MEETING.**

* Final Examination Schedule for all Multi-Section Courses will be administered on MONDAY, May 12, 2014. The times are listed below. Students should check with their instructors for room assignments.

8-10 a.m.	TRIGONOMETRY, ELEMENTARY STATISTICS and FINITE MATHEMATICS
10:30 a.m.-12:30 p.m.	ELEMENTARY ALGEBRA
1-3 p.m.	COLLEGE ALGEBRA
3:30-5:30 p.m.	INTERMEDIATE ALGEBRA

Cramming not the correct way to study

By Talibb Woods
Staff Writer

Can the way you study hurt your final exam grade? Studies have proven that there are issues related to cramming, which is what a majority of college students do.

Some think these cumulative exams are unnecessary, causing many students to develop poor diets and lose sleep and leisure time. These bad habits, in turn, can lead to an unhealthy brain.

"Cramming is ineffective and could even pose as a hazard to one's health because it places too much stress onto the brain, pushing it beyond its limits," said Sukru Burc Eryilmaz, a doctoral candidate in electrical engineering at Stanford University.

Eryilmaz thinks that cramming can also lead to feeling anxiety, frustration, fatigue and confusion. Cramming doesn't give the brain time to breathe, relax and refocus. Cramming does not work

in one's favor because it heightens mental blocking and results in low test scores.

Justin Robinson, senior HPER major from Oklahoma City, thinks that finals week holds too much pressure, and he doesn't think it should be worth so much of a student's final grade.

"It's pointless to complete all of this coursework and still have to stress about a test that can make or break your entire semester," Robinson said.

“ It's pointless to complete all of this coursework and still have to stress about a test that can make or break your entire semester. ”

— Justin Robinson,
senior HPER major

Oklahoma Cultural Heritage Trust recognizes Black Heritage Center

Special from Oklahoma Cultural Heritage Trust

The Melvin B. Tolson Black Heritage Center at Langston University was recognized for its work to preserve and restore the Oklahoma Colored Agricultural & Normal University Teaching Certificates, a rare book of teaching certificates, and it was accepted into the "Top 10 Artifacts: Saving Oklahoma's Heritage" program in a May Day ceremony at the Oklahoma State Capitol on May 1.

In addition to being accepted into the program, the Melvin B. Tolson Black Heritage Center at LU was presented with a Cultural Heritage Stewardship Award signed by

Gov. Mary Fallin, Sen. Ann Griffin and Rep. Jason Smalley.

The award recognizes the Melvin B. Tolson Black Heritage Center's commitment to the preservation of Oklahoma's rich culture and heritage. "Each year thousands of visitors have the opportunity to experience and enjoy irreplaceable treasures in institutions across the state," said Susan Feller, co-project director of the Oklahoma Cultural Heritage Trust. "This program allows us to assist with ongoing efforts to provide for the proper care of these items and ensure their preservation to allow future generations to continue to enjoy these cherished treasures."

The Oklahoma Colored Agricultural & Normal University Teaching Certificates are one of 10 artifacts from institutions across Oklahoma accepted into a program sponsored by the Oklahoma Cultural Heritage Trust. Now in its second year, the program increases awareness and support for items that illuminate, celebrate and preserve the story of Oklahoma.

Organizations from across the state nominated items for consideration. In selecting the top 10, a review committee considered the uniqueness of the item and its importance to Oklahoma. Additional consideration was given to the level of commitment the nominating or-



Courtesy Photo

Jameka Lewis and Edward Grady, delegates from the Melvin B. Tolson Black Heritage Center at Langston University, accept the Cultural Heritage Stewardship Award from Susan McVey, Oklahoma Department of Libraries Director, on May 1 at the Oklahoma State Capitol.

ganization has exhibited to being good stewards of Oklahoma's historical collections.

The top 10 items are the Frank Griggs Cellulose Nitrate and Acetate Negatives, circa 1938-1950 from the Bartlesville Area History Museum; The Dr. Orange Starr Collection, circa 1915 from the Drumright Historical Society Museum; Woodring Wall of Honor, circa 2000 from the Woodring Wall of Honor; Oklahoma Colored Agricultural & Normal University teaching certificates book, circa early 1900s from the Melvin B. Tolson Black Heritage Center; 16mm Film Reel of Sen. Robert S. Kerr, circa 1954 from the Julian P. Kanter Political Commercial Archive; Spiro Pottery Illustration, circa 1940 from the Sam Noble Museum; Porter Steam Engine #7466, circa 1942 from the Oklahoma Railway Museum; Photograph of Ned Christie and Jim Christie, circa 1885 from the Cherokee National Historical Society; Stone Fireplace from

the Ataloo Lodge Museum at Bacone College; and Votaw Military Uniform Collection from the Hughes County Historical Society and Museum.

The "Top 10 Artifacts: Saving Oklahoma's Heritage" program is sponsored by the Oklahoma Cultural Heritage Trust, an alliance between the Oklahoma Department of Libraries, Oklahoma Historical Records Advisory Board, Oklahoma Historical Society, Oklahoma Museums Association and many additional supporting partners.

The Oklahoma Cultural Heritage Trust is dedicated to working together with Oklahoma's collections-based archives, libraries and museums to improve support for collections care through training and public awareness.

Activities are funded by the Institute of Museum and Library Services, a federal agency.

For more information about the trust, visit <http://www.culturalheritagetrust.org> or call 405-522-3515.

Annual Retirement Banquet

The annual Retirement Banquet will be held at 6 p.m., May 19, in the C.F. Gayles Field House Atrium.

You are invited to attend and celebrate with the Langston University retirees.

Honored Retirees Include:

Carmen Bennett
Bonita Franklin
Carole Hardeman
Gertrude Harris
Mary Ann Teal Harris
Carolyn Kornegay
Cheryle Leach
Beverly Smith
Earnestine Thomas

Please complete a registration form and return with your payment of \$25 per adult ticket (13 and older) and \$15 per child ticket (6 to 12 years) to Langston University Foundation Office, P.O. Box 725, Langston, OK 73050. You may also purchase your tickets directly from the Foundation Office, Room 315, Page Hall. All advanced ticket requests should be in by Friday, May 9. Tickets purchased at the door will be available at \$30 per adult ticket and \$20 per child ticket.

Should you have questions regarding reservations for the banquet, please contact the Foundation Office at 405-466-3579.

Lions play spring game



The Langston University Lions football team plays in the 2014 spring game May 2 at W.E. Anderson Stadium.

The coaches held a spring "draft day" for the players, which divided them into two teams, the orange team and the black team, for the game.

After battling back and forth for four quarters, the two teams ended the game with a tie, 14-14.

The team is now done with spring training and looks to head into the fall 2014 season in August.

Photo by Jonathan McGill

Track team ready for championships

By Devin Wilson
Contributing Writer

As track season comes to an end, it only means one thing—championships are approaching.

The Langston University men and women's track and field teams are preparing for the Red River Conference Championships on May 25-26.

Deante Crawford, a senior accounting major from Oklahoma City, enjoys being a member of the LU track team.

"It's important in my life," Crawford said. "After school and family, (track) is the next best thing... if

you are not hurting, you are not running."

Crawford's focus comes as no surprise. The LU track and field program has proven itself time and again.

"I wish we had a bigger team so that we could score more points," Crawford said. "But, we will make due and come through how we always do."

Crawford's track career extends back to 2008, when he began running at Putnam City North High School his junior year.

Running the 400-meter and 800-meter events, Crawford quickly recognized his talent and de-

veloped a passion for his craft.

Crawford put up outstanding numbers this season with a personal record of 47.32 seconds in the 400-meter. Now, a senior, Crawford hopes to continue the success through conference.

Freshman psychology major and athlete Sydney Scott is an All-American.

Scott comes from a long career as a runner. Starting in the fourth grade, Scott hated the idea of racing. However, she started winning and the rest is history.

Now, an Alumni of Booker T. Washington High School, Scott won

"I wish we had a bigger team so we could score more points. But, we will make due and come through how we always do."

— Deante Crawford,
senior track team member

state both her freshman year and senior year. She won the 4x4-meter as a freshman and the open 400-meter as a senior, running it in 56.13 seconds.

Scott said she's more than ready for conference.

"I'm excited!" Scott said. "It's natural nerves because you're in front of your student body, but Coach Hilliard has us ready, and he believes in us more than we believe in ourselves."

Athletic trainers looking for new faces

By LaChelle Bell
Contributing Writer

Athletic trainers are healthcare professionals who collaborate with physicians.

The Langston University athletic trainers are looking for students to help them during fall 2014. They are looking for those who want to gain experience and knowledge.

"I am interested in those look-

ing to further their education in a healthcare-related field," said Ross McCulloh, head athletic trainer at LU.

According to the athletic trainers website, <http://athletictrainers.org>, the services provided by trainers are comprised of prevention, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions.

Devon Bryant, graduate assistant

and athletic trainer at LU, said the students will assist the trainers in practice by helping set up and break down when practice is over. The students also will assist in helping with rehab.

"I am excited to see what new faces next year brings," McCulloh said.

Students interested in becoming an athletic trainer can contact McCulloh. His office is located in the C.F. Gayles Fieldhouse, Room 106.

His office number is 405-466-2961, and his email is wrmcculloh@langston.edu.

"The best part about an AT is all the new people I get to work with every year," Bryant said.

"New athletes come in and put their trust in me each day. I love what I do, and I would encourage anyone who loves sports and loves to meet new people to try athletic training," Bryant added.